



Chickpea Salad

Adapted by Kathryn Andrews (www.pricklygirl.com) from VegTimes Magazine

This quick salad is the perfect answer to a summer evening. It uses pantry and Market ingredients, so it's a great solution for an easy mid-week supper. Full of protein and fiber, it's a healthy vegetarian (or vegan, if you forgo the cheese) main dish.



½ c. good quality extra-virgin olive oil
juice of 1 lemon
salt & coarsely ground pepper, to taste

2 cans chickpeas, rinsed and drained
1 pt. cherry tomatoes, sliced in quarters
1 can black olives, rinsed, drained and sliced
1 generous c. basil, chiffonaded
½ c. finely grated parmesano-reggiano cheese, optional

In a large bowl, whisk the first three ingredients to emulsify. Toss with the remaining ingredients and serve room temperature (or cold the next day!) Makes four generous servings.